



ExoTech™/Centurion™ Suit Dressing Instructions

- 1) Fit the **Shin Guards** to the lower legs, adjusting the Velcro® strap around the back of the leg firmly yet comfortably. This will keep the shin guard in place and allow for unencumbered circulation to the lower legs.
- 2) Wrap the **Hip/Thigh/Groin Protector** around the waist and adjust the buckle strap to a comfortable position. Snap the buckle closed. Press the Velcro® piece at the end of the strap into its counterpart on the waist cinch strap.
 - Begin with both leg and take the elastic **Thigh Strap** with the 4x5" Velcro® and wrap it from the outside of the leg through the inside of the leg and around, firmly pressing the Velcro® into its receiving counterpart. Repeat with second leg.
 - With legs spread and your torso slightly bent forward reach through your legs and bring the **Codpiece** through to the front with the convex portion facing outward. Place the codpiece comfortably over the groin area. Connect the male end of each plastic buckle, located on the ends of each elastic strap, to the female counterpart of the buckle, located on the front of the waist band. These are located anatomically just over the hip bone. Adjust the elastic straps until snug, yet comfortable.
- 3) Before putting on the Torso Protector, attach each **Forearm Protector** to the corresponding **Shoulder Protector** using the buckles at the end of each piece. Note that the open end of the forearm protector should be towards the inside of each arm. With these pieces connected, proceed to buckle them to the corresponding shoulder area of the Torso Protector. Do not adjust the straps connecting them until the Torso Protector is on. *It is possible that the Shoulder Protector is already attached to the Torso Protector by the factory.*
 - The **Torso Protector** comes with a solid chest and back plate attached to the soft underlying shock absorbing garment. With the "HATCH" embossing in the front and white tag in the back, slide your head through the opening in the garment. For ease of movement do not yet cinch the sides of the torso protector.
 - Connect the Hip/Thigh/Groin Protector to the Torso Protector. Reach around to the small of your back and grab the 5x5 inch piece of Velcro® that extends from the top of the Hip/Thigh/Groin Protector. Slide it underneath the bottom of the Torso protector and connect it with the corresponding piece of Velcro® patch on the inside of the Torso Protector.
- 4) To secure the **Shoulder Protectors**, start with either the right or left side and cinch the elastic straps on the inside of the arm firmly, yet comfortably with the Velcro® patches at the end of each elastic strap.
 - To secure and adjust the **Torso Protector**, take the large left and right straps from the back, bring them directly forward and wrap them around to the front of the Torso Protector, cinching the front and back sections together firmly, yet comfortably. Attach the straps to the front of the Torso Protector using the Velcro® patches. Be sure to press firmly on the Velcro® to keep the Torso Protector securely in place.
 - To secure the **Forearm Protectors**, pull the forearm straps through the plastic loops and cinch the two straps on the forearm protector firmly, yet comfortably and attach using the Velcro® patches.